

Orange County Senior Games

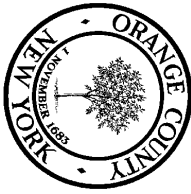
September 12 through
October 4, 2012



There's Something Fun for Everyone!

Edward A. Diana, Orange County Executive
Ann Marie Maglione, Director, Office for the Aging
www.orangecountygov.com

Richard L. Rose Jr., Commissioner, OC Parks
www.orangecountynyparks.com



Orange County Senior Games
Orange County Department of Parks
211 State Route 416
Montgomery, NY 12549

Edward A. Diana
Orange County Executive

Ann Marie Maglione
Director, Office for the Aging

Richard L. Rose Jr.
Commissioner of Parks,
Recreation and Conservation

General Information

1. Compete within your age group for most events:
55-59 60-64 65-69
70-74 75-79 80-84 85+
2. The Orange County Senior Games are self-supporting. In addition to registration fees, the Senior Games also receive support from businesses, school systems, government agencies, community volunteers, and donations from people like you.
3. We reserve the right to realign age groups or cancel events based on enrollment.
4. Please remember to mark your event selections on your copy. You will NOT be sent a confirmation.



IN THE EVENT OF
INCLEMENT WEATHER
ON THE DAY OF
THE EVENT...



Call 845-457-4949 or
check the website:
www.orangecountynyparks.com for
information on cancellations or postponements.

For other questions,
please call the Office for the Aging (845) 615-3700 or
Tom Quinlisk at Orange County Parks (845) 457-4910,
or tquinlisk@orangecountygov.com

Saturday, September 29

Bocce and Shuffleboard Tournament



Glen Arden, 46 Harriman Dr., Goshen
Indoor activities available for inclement
weather. **Ballroom Dancing Demo.**
Lunch courtesy of Glen Arden.

845-291-7800 for directions
10:00 am

Sunday, September 30

3-Point Basketball Shooting Contest and Water Aerobics.

Golds Gym, 15 Racquet Rd., Newburgh
Intergenerational Activity! 
**Open to Age 50 and
Younger Partners!** Divisions for men
(individual), women (individual) and
2-person intergenerational teams (1 senior
& 1 junior). Team up with a younger
relative or friend! Conducted just like the
NBA contest! Plus, everyone into the pool
for water aerobics. Light lunch provided.

845-564-7500 for directions
11:00 am

Monday, October 1

Orienteering

Winding Hills Park
Route 17K, Montgomery

Check out this exciting event that gives
your body and mind a workout. Complete
instructions will be given to those new to
the sport. More challenging courses are

available for experienced orienteers.
Sponsored by Hudson Valley
Orienteering. Wear hiking attire. Bring
water, lunch provided.

845-457-4949 for directions
9:00 am

Bowling

Quinnz Pinz, 15 Railroad Avenue
Middletown

845-343-8121 for directions
2:00 pm \$4.00

Tuesday, October 2

Hiking

The Bellvale Community
359 Bellvale Road, Chester

Meet in the parking lot.

Three separate hikes to choose from.
Bring water and snacks. Guides and
lunch courtesy of The Bellvale
Community. Non-hiking visitors
welcome! Indoor activities available for
inclement weather.

845-572-3400 for directions
9:00 am

Afternoon on the Farm

Pennings Orchard & Farm Market
Route 94 & Warwick Tpke.
Warwick

Enjoy stunning fall scenery on the
hayride, compete in the beanbag toss,
or just browse the farm market. Cider
and doughnuts served.

Call 845-986-1059 for directions
1:30 pm

Monday, September 24, Cont.

Shop Rite Event

Route 32, Vails Gate

Play the Price is Rite, enjoy a nutrition program, prizes and giveaways from the Senior Games' major sponsor.



845-568-3183 for directions
4:00 pm

Tuesday, September 25

Treasure Hunt

Woodbury Common Premium Outlets
Route 32, 498 Red Apple Court
Central Valley

Exciting new games! Lovely prizes and coffee courtesy of Woodbury Common Premium Outlets participating retailers. Limited to 150 entrants. Meet at the Food Court.

845-928-4000 for directions
9:30 am

Thursday, September 27

A Round of Golf at Stony Ford

Stony Ford Golf Course
211 State Route 416, Hamptonburgh

18-hole round with cart included. Closest-to-the-pin, longest drive, accuracy drive contests with prizes to winners. Continental breakfast. Register as a group or individually. (individual players will be paired up). Top gross scores win in age groups.

Special Disc Golf Demo
by Disc Golf Pro Dan
Doyle.



Golf Putting Contest.

845-457-4949 for directions
Shotgun Start 8:30 am \$20.00

Friday September 28

Historic Scavenger Hunt

Museum Village, Route 17M, Monroe

Learn about life long ago while finding clues as you tour this fascinating village of period buildings and collections. Coffee and lunch will be served.

845-782-8248 for directions
10:00 am

Saturday, August 25

PROMO EVENT!

Mt. Airy Sports Complex
Mt. Airy Road, New Windsor



Join us at New Windsor Community Day! Register for the Games, and visit the Senior Games Fun Zone for:

- Crazy Water Bocce
- Hotshot Basketball
- Darts
- Disc Golf Contest
- Holey Board

Prizes! Giveaways!
845-565-7750 for directions
www.newwindsorcommunityday.com
11:00 am - 4:00 pm

Wednesday, September 12

Opening Ceremony & Reception



Art Exhibit, Health & Info. Tables
Music: David Dixler & Mary Kay Messenger
Festive refreshments served

Graham Skea Lodge at
Thomas Bull Memorial Park,
211 State Route 416, Montgomery

Call 845-457-4949 for directions
5:00 pm

Thursday, September 13

Rafting on the Delaware

Silver Canoe and Raft Rentals
37 South Maple Ave., Port Jervis

Enjoy spectacular fall foliage as you float down the Delaware River. Picnic lunch provided. Limited registration.

845-856-7055 for directions
9:00 am \$20.00

Friday, September 14

D&H Canal Park Visit

Neversink Area Museum
58 Hoag Rd., (off Rte. 209), Cuddebackville

Learn about early film-making in Orange County, see some of those films, and then visit the actual locations during a canal walk that will also illuminate the important role the D&H Canal played in our history. Meet at the Visitors Center. Bring a bag lunch.

845-754-7000 for directions
9:30 am

Saturday, September 15

Mountain Bike Trek

Stewart Preserve, Ridge Road Parking Area (Off Rt 17K), Newburgh

Renegades Mountain Bike Club will lead beginner and experienced bikers on the paved roads of the preserve. Bring your own bike and helmet (fat-tired bikes only). Extra bikes/helmets provided courtesy of Joe's Fix-it Bike Shop! Lunch provided.



845-457-4910 for directions
9:00 am

Wednesday, September 19

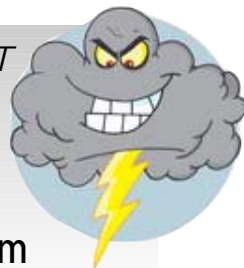
Nature Walk

Hudson Highlands Nature Museum
100 Muser Drive off Angola Road
Cornwall

Meet at the Farmhouse for coffee. Naturalist guided walk focusing on local plants, animals and ecology. Lunch is served.

845-534-5506 for directions
9:00 am \$3.00

IN THE EVENT OF INCLEMENT WEATHER ON THE DAY OF THE EVENT...



Call 845-457-4949 or check
www.orangecountynyparks.com
for information on cancellations or postponements.

Wednesday Sept. 19, Continued

Storm King Art Center

Old Pleasant Hill Rd., Mountainville

Meet at the Museum building, tour the galleries and learn about the sculptures around the building with the help of a knowledgeable docent. Next you'll board a tram to tour the breathtaking grounds. Refreshments will be served.

845-534-3115 for directions
12:30 pm

Wheezers & Geezers 4 Mile Race

Chadwick Lake Park, Route 300, Newburgh

Registration is exclusive to senior walkers and runners. Hard packed trail around west side of lake. Complimentary light refreshments. Separate application required.

Contact Race Director
Tom Quinisk at 845-457-4910
tquinisk@orangecountygov.com

6:00 pm

Thursday September 20

Miniature Golf and Batting Cages

Pitch 'n Putt, 94 Hudson Road
Washingtonville

845-496-6418 for directions
9:00 am \$3.00

Bingo Tournament

Blooming Grove Senior Dining Site
Route 94 at 2 Horton Rd.,
Washingtonville

NOTE: Lunch served at 12:00 noon by Reservation Only. Reserve your lunch at least 2 business days in advance by calling 845-496-4411. NO EXCEPTIONS.

Suggested contribution: \$3.50 (pay at the door) 2:00 pm

Spelling Bee & Trivia Contest

Newburgh Free Library, 124 Grand St.,
Newburgh

Light supper will be served.

Call 845-563-3600 for directions
4:00 pm

Friday September 21

Sterling Forest Hikes

Sterling Forest State Park
116 Old Forge Road, Tuxedo

Meet at Visitors' Center for an orientation then a 4 mile hike around gorgeous Sterling Lake or a guided tour of historic mines. Indoor activity available for inclement weather. Bring lunch and water. Dress to hike.

845-351-5907 for directions

10:00 am

Saturday September 22

A Day in the Park

Thomas Bull Memorial Park, Horse Ring,
211 State Route 416, Montgomery

- 8:30 am Check-in
- 9:00 am Muriel Kniffen Memorial One Mile Walk
- 10:00 am Horse Drawn Carriage Driving
- Softball Hit and Throw
- Football Toss
- 12:00 noon Lunch Served
- 1:30 pm Arboretum Afternoon Join Master Gardener Dora Wright for a walking tour of the spectacular gardens and a gardening demonstration.

Call 845-457-4949 for directions

Sunday September 23

Track and Field

Newburgh Free Academy
South St. & Fullerton Ave., Newburgh

Competitive Events. Enter as many as you like! Light refreshments.

- 8:30 am Check In
- 9:00 am - Noon
- Standing Broad Jump 100M Race
- Shot Put 200M Race
- Discus 1600M Race

Call 845-563-5400 weekdays only for directions

Horseback Riding at Juckas Stables

Route 302, Bullville

Never ridden before? This is your chance to try horseback riding in a safe, supervised and beautiful environment. Experienced rider? Come join us as we explore 117 acres of scenic trails.

Registration is limited.

845-361-1429 for directions
1:00 pm \$15.00

Monday September 24

Downing Film Center

19 Front Street, Newburgh

Movie "Michael Clayton" for Senior Games participants in a very special setting. Includes a cup of coffee or tea. Limited registration.

845-561-3686 for directions
10:00 am

National Purple Heart Hall of Honor Museum Tour 

374 Temple Hill Rd, New Windsor

History buffs and patriots alike will be moved by this interactive museum dedicated to America's military heroes. Located on the grounds of the New Windsor Cantonment, the museum also houses Revolutionary War exhibits. Participants may picnic on the grounds before the Museum Tour.

845-561-1765 for directions
1:30 pm

Sponsors as of Publication

PLATINUM

Shop Rite

GOLD

Senior Gazette

SILVER

Printing courtesy of Cornell
Cooperative Extension Orange County
Orange & Rockland Utilities
Secure Horizons by United Healthcare

BRONZE

Access Physical Therapy
Empire MediBlue

FRIENDS OF THE GAMES

Adams Fairacre Farms
ORMC
Country Chevrolet/ Oldsmobile/ Geo
Mobile Life
Price Chopper/ Golub Foundation
Shadowbrook Farm

SPONSORING LOCATIONS

Bellvale Community
Blooming Grove Senior Center
Downing Film Center
Glen Arden/ Elant, Inc.
Gold's Gym, Newburgh
Hudson Highlands Nature Museum
Juckas Stables
Museum Village
National Purple Heart Hall of Honor
Neversink Area Museum
Newburgh Free Academy
Newburgh Free Library
Orange County Parks
Pennings Orchard and Farm Market
Quinnz Pinz
Route 94 Pitch & Putt
Sterling Forest State Park
Storm King Art Center
Town of Newburgh
Town of New Windsor
Woodbury Common Premium Outlets

THANK YOU TO OUR VOLUNTEERS

Washingtonville High School Jr. ROTC:
Col. Jack Moore, Commander
Hudson Valley Federal Credit Union
Newburgh Road Runners:
Spero Chumas, President
Hudson Valley Orienteering
NFA Elite Track Team:
Malcolm Burks, Coach
Skyriders Disc Golf Club:
Dan Doyle, President
David Dixler, Musician
M Sgt. Mary Kay Messenger, Musician



2012 Registration Form



- ◆ Complete one registration form per person
- ◆ Complete all the information on both sides of this registration form
- ◆ Please check (✓) the events you will attend

- ◆ Sign the waiver
- ◆ Enclose a check or money order for all fees made payable to: HVLSA
- ◆ Mail payment and (Pink - colored) registration form to:

Orange County Department of Parks
Orange County Senior Games
211 State Route 416
Montgomery, NY 12549

*Return this Entire (Pink)
Registration Form as Soon as Possible!*

Mail payment and ENTIRE Pink Registration Form to:

Orange County Senior Games
Orange County Dept. of Parks, 211 State Route 416, Montgomery, NY 12549

Please Check (✓) All Events You Are Entering:

NOTE: Events with "\$" indicate an additional fee is required (see Payment Section).

September 12

- Opening Ceremony & Reception
- Art Exhibit

September 24

- Downing Film Center
- Purple Heart Museum
- Shop Rite Event

September 13

- Rafting on the Delaware \$

September 25

- Treasure Hunt at Woodbury Common

September 14

- D&H Canal Museum Tour & Hike

September 27

- Golf at Stony Ford \$

September 15

- Mountain Bike Trek

September 28

- Museum Village Scavenger Hunt

September 19

- Nature Walk Museum \$
- Storm King Art Center Tour
- Wheezers & Geezers 4 Mile Race

September 29

- Bocce & Shuffleboard
- Ballroom Dancing

September 20

- Miniature Golf, Batting Cage \$
- Bingo
- Spelling Bee & Trivia Contest

September 30

- 3-Point Basketball Contest
- Water Aerobics

September 21

- Sterling Forest Hikes

October 1

- Orienteering
- Bowling \$

September 22

- A Day In The Park
- Arboretum Afternoon

October 2

- Bellvale Community Hikes
- Afternoon on the Farm

September 23

- Track & Field
- Horseback Riding \$

APPLICANT (Please Print)

T- Shirt Size _____

Name _____ Age (as of 8/25/12) _____

Mailing Address _____

City _____ State _____ Zip _____

Phone _____ Email Address _____ Male Female

Person to contact in an emergency: Name _____ Phone _____

PAYMENT SECTION Make check payable to: HVLSA. All fees must be submitted with Registration Form and are non-refundable.

Registration Fee (Mandatory to ALL participants) ..\$10.	\$ <u>10.00</u>
Rafting	\$20. <u> </u>
Stony Ford Round of Golf	\$20. <u> </u>
Bowling	\$.4. <u> </u>
Horseback Riding	\$.15 <u> </u>
Miniature Golf Tournament	\$.3. <u> </u>
Nature Walk Lunch	\$.3. <u> </u>
Donation	<u> </u>
TOTAL ENCLOSED	\$ <u> </u>

WAIVER: I know that there is a risk in any program involving physical exercise or competition. I certify that I am physically fit to participate in Senior Games, events and competitions. I agree to assume all responsibility for all risk, damage, or injury that may occur to me as a participant in the Senior Games.

I hereby consent to allow my picture or likeness to appear in any official documentary, sponsor advertisement, or exclusive television coverage of the Senior Games, without compensation to me.

I hereby, for myself, my heirs, executors and administrators release and discharge the County of Orange, its employees, agents, agencies and sponsors and all persons associated with the Senior Games from all claims, damages, rights of action, present or future, which might arise in connection with my participation in the Senior Games.

Signature: X _____ Date: _____

**SOMETHING FUN FOR
EVERYONE!**



2012 Orange County Senior Games



Fine Arts Exhibition

Rules and Application

KEEP THIS PART FOR REFERENCE - APPLICATION IS ON OTHER SIDE

1. One piece per artist. Artist must be 55 years old or more.
2. Any medium, as long as the piece can be safely exhibited.
3. All two-dimensional work must be ready to hang. The Senior Games Committee cannot frame your work. 3-D artists must provide pedestals.
4. Please fill out the attached form. You may sell your work and the Senior Games Committee will take no commission but will only put you in touch with your buyer.
5. All work must be original - no reproduction prints.
6. The Senior Games Committee reserves the right to reject any piece for any reason.
7. **All work with paperwork, must be submitted to the Park's Office, 211 State Route 416, Montgomery, NY by 4:00 pm on Mon., Sept. 10, 2012. NO WORK WILL BE ACCEPTED AFTER THE DEADLINE.**
8. Your work will be judged by a jury and awards will be presented on Sept. 12. All work must be clearly marked with the artist's name, title, medium, and contact information (name, address, phone and email address).
9. All artists should submit a one page **bio** to be included in the Artist's Book.
10. Your work will be handled by experienced art professionals. However, the Committee assumes no liability for theft or damage either during installation or exhibition.
11. You must pick up your work by **Wednesday, September 19 by 4:00 pm.**
12. **Contact Anne Coon at 845-615-3705 or acon@orangecountygov.com with any questions.**

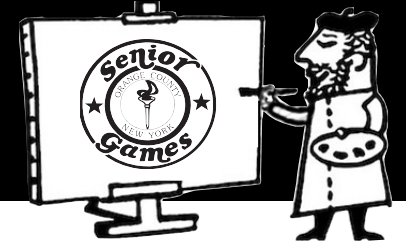


Please join us
for the
**OPENING
CEREMONY &
ART EXHIBITION**
on Wednesday,
September 12, 2012
at 5:00 PM
at the **Graham Skea Lodge**
211 State Route 416
Montgomery, NY

Presented by
Orange County Office for the Aging,
and Orange County Department of Parks,
Recreation and Conservation.

For Fine Arts Exhibition

Please attach BOTH copies
of this Application to
your submission.



Fine Arts Exhibition Application

Name _____ Age (as of 8/25/12) _____

Mailing Address _____

City, State, Zip _____ Phone _____

Title of Piece _____

Medium _____ Size _____

Fine Arts Exhibition Application

Name _____ Age (as of 8/25/12) _____

Mailing Address _____

City, State, Zip _____ Phone _____

Title of Piece _____

Medium _____ Size _____